



BAGLIONI SPA







## TOGETHER

*La famiglia è tutto / Family is everything*

As Italians we unquestionably prize life, enjoy living it and relish the pleasures it brings. We always prefer to do it together. Celebrating this tradition, Baglioni Spa offers treatments to enjoy with the ones you love. The together treatments are performed in our double treatment room that also offer a Jacuzzi, that you may add extra time for. Below is our suggestion of shared moments, other treatments on the menu is also possible to book in pairs.

## FAMIGLIA FAMILY TREATMENT, 90 MIN

*La famiglia è la patria del cuore. / Your family is the homeland of your heart.*

*For 3-4 persons*

Massage 45 min and do it yourself bathing ritual for all persons.

Enjoy a body massage of your choice side by side of your family member, while the other pair enjoy time together in the Jacuzzi with the bathing ritual.

**PRICE \$95**

## AMICI FRIENDS TREATMENT, 90 MIN

*Chi trova un amico, trova un tesoro. / Who finds a friend, finds a treasure.*

*For 2 persons*

Back & Neck Massage 30 min, INSIUM Facial 60 min.

Experience a combination of our best treatments, together with one of your best friends. Add-on: 30 min extra time to enjoy the Jacuzzi after your treatment.

**PRICE \$410**

*For two persons*

## COPPIA COUPLES TREATMENT, 90 MIN

*L'amore non vuole avere, vuole soltanto amare. / Love does not want to have, only wants to love.*

Body Scrub 30 min, Tailor-made Massage 60 min.

Experience a combination of reviving and balancing treatments, side by side with the one you love. Add-on: 30 min extra time to enjoy the Jacuzzi after your treatment.

**PRICE \$370**

*For couple*

## BAMBINI TREATEMENTS, 30 / 45 / 60 MIN

*La vita e un sogno. / Life is but a dream.*

Bambini Massage 30 / 45 / 60 min

Includes: Tailor-made relaxing massage for back, neck, legs and arms

Bambini Face & Scalp Massage 30 min

Includes: Mini facial and relaxing scalp massage

**PRICE \$65 / 95 / 125**



## ITALIAN BEAUTY

*Vivere una vita bella / Live a beautiful life*

How we feel and what we think, does affect how we look. Relaxation is a virtue in Italian culture, even if it means load off with a glass of wine – whatever makes you happy; it will give effect. Our facial treatments are developed after the brain-skin connection with pure and advanced ingredients from Insium, Italy.

## SOGNO LIFTING FACIAL, 90 MIN

*Cleansing, Skin Analysis, Enzymatic peeling, Pore purifying, Brow shaping, Infusion, Mask, Luxurious face & scalp massage, Finishing products.*

SOGNO means DREAM. This superior and peaceful treatment is perfectly developed to smooth out the strains of our modern, fast-moving lives and specifically targets lines and wrinkles.

Includes an enzymatic peeling for a renewed and energized look.

**PRICE \$215**

## TEMPO ANTI-AGE FACIAL, 60 / 75 MIN

*60 min: Cleansing, Skin Analysis, Exfoliation, Infusion, Mask, Face & Scalp Massage, Finishing products.*

*75 min: All above + Pore purifying*

TEMPO translates into TIME. This anti-ageing treatment works on muscle tissue to restore firmness to the contours of the face, resulting in an instantly more youthful look. Can be tailored to all skin types.

**PRICE \$145 / \$160**

## LUNA NIGHT FACIAL, 60 MIN / 75 MIN

*60 min: Cleansing, Skin Analysis, Enzymatic peeling, Infusion, Mask,  
Face Massage, Finishing products  
75 min: All above + Pore purifying*

LUNA means MOON. This powerful, targeted skin-brightening treatment is to be enjoyed in the evening. Visibly illuminates the complexion, treating the appearance of uneven skin tone with a specific enzymatic peeling which prepares the skin over night to receive a perfect tan.

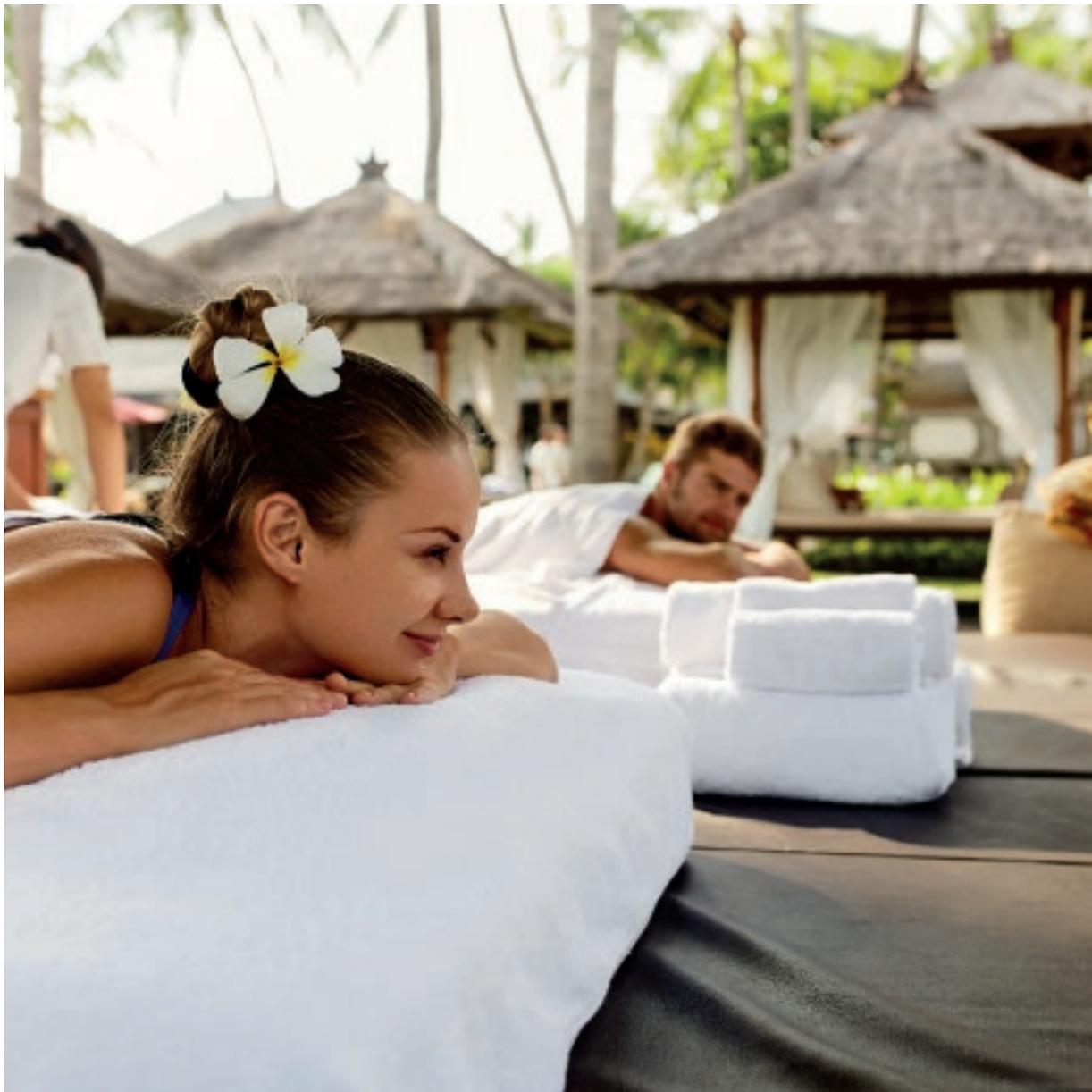
**PRICE \$150 / \$160**

## SOLE AFTER SUN FACIAL, 45 MIN

*Cleansing, Skin Analysis, Infusion, Cold stones, Mask, Cooling face massage,  
Finishing products*

SOLE is the SUN. A special after sun treatment for the face that immediately calms and intensely repairs overheated skin after excessive sun exposure. The treatment combined with a specific "cooling effect" mask, brings tangible freshness and relief.

**PRICE \$110**



## BODY

Le cose più importanti della vita non sono cose / *The most important things in life are not things*

Body rituals with premium ingredients and techniques inspired by traditional Oriental wellness and beauty practices, created by the Parisian brand Charme d'Orient. All body rituals include massage that may be extended into longer if desired.

## ORIENTAL RITUAL, 90 MIN

*Body Scrub, Body Wrap, Massage.*

An uplifting escape into the heart of Morocco with this treatment combining a pink crystal and argan shell scrub with clay ghassoul wrap to re-mineralize the body. An argan butter massage then follows which will leave your skin with soft a veil of subtle oriental notes.

**PRICE \$180**

## DETOX RITUAL, 90 MIN

*Body Scrub, Body Wrap, Massage.*

A treatment getaway on the Banks of Dead Sea, detoxifying and regenerating thanks to its rich composition in minerals: zinc, magnesium and calcium. Its benefits are known and used since pharaohs time where Cleopatra came to rest in order to maintain her glowing complexion. After a dead sea salt scrub, a dead sea mud wrap follows. The treatment ends with a stimulating body massage.

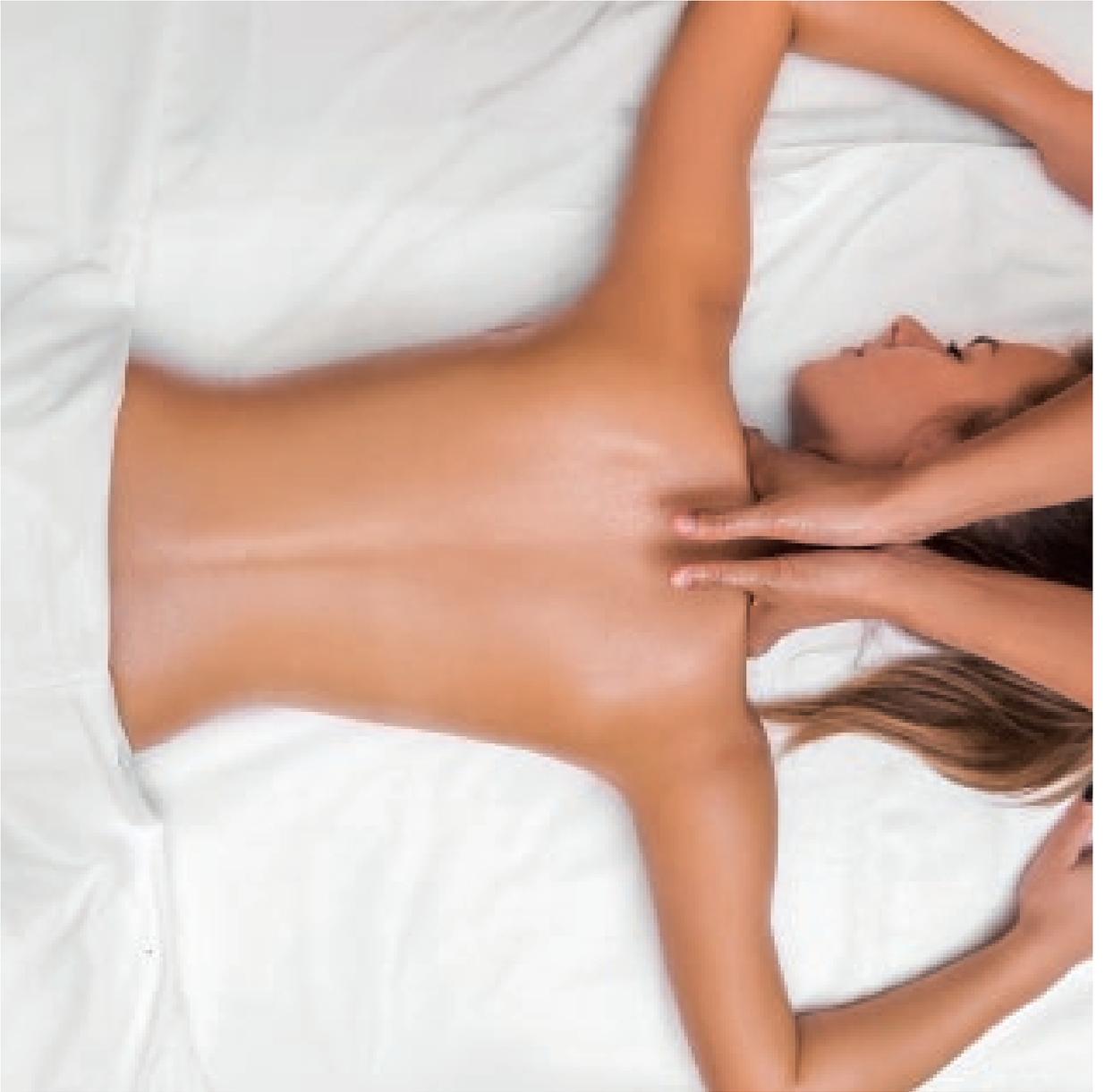
**PRICE \$180**

## RESTORING RITUAL, 90 MIN

*Body Scrub, Body Wrap, Massage.*

Give your skin nutrition and hydration with this intensive repairing treatment for body and face. Enjoy a relaxing full body massage with warm shea butter, which you are wrapped into to absorb its full richness. In the meantime, your therapist will give nourishing care to your skin with a nourishing face mask and scalp massage.

**PRICE \$180**



## MASSAGE

Chi va piano, va sano e va lontano  
*The one who takes life easy and relaxed  
lives healthier and longer*

We will always tailor-make your massage to your needs and likings. The standard massages include following parts: 60 min: Back, neck, legs, arms, hands, stomach and feet. 75 min: As above + face and scalp. 90 min: As above + extra time for massage of your choice.

## BALINESE MASSAGE, 60 / 75 / 90 MIN

This traditional Balinese massage is deeply relaxing and restoring. Our therapists combine acupressure and skin rolling with firm but smooth massage strokes to induce a complete state of calm. Every massage is tailored to your body and needs.

**PRICE \$120 / 150 / 180**

## HOT STONE MASSAGE, 75 / 90 MIN

A deeply relaxing and therapeutic treatment to ease muscle tension by using warm stones to loosen knots and deliver relief deep into the belly of the muscle. This soothing yet invigorating massage enhance the circulation and promotes a profound sense of relaxation.

**PRICE \$170 / 200**

## DEEP TISSUE MASSAGE, 60 / 75 / 90 MIN

A deep and firm massage where your therapist will select techniques intuitively as required by your muscles. By using pressure, deep muscle compressions and cross fibre friction, this massage will remove toxins and ease aching or stiff muscles. A restorative massage that will reduce stress and increase blood and lymphatic flow.

**PRICE \$130 / 170 / 200**

## THAI MASSAGE, 75 / 90 MIN

This method of massage was originally practiced in Thai temples by Buddhist monks. Often described as “Yoga Massage” for its stretching and bending movements, it increases the energy flow, ease the muscles and improves flexibility. We use no oil during this treatment and we provide you with a Thai pyjamas to wear during the treatment.

**PRICE \$160 / 190**

## AROMATHERAPY MASSAGE, 60 / 75 / 90 MIN

Gentle massage focused on the healing benefits of aromatherapy oils to relax the body and rejuvenate the soul. Oxygenates the cells and improves blood circulation while easing tension and stimulating immediate regularizing the body's energies.

**PRICE \$120 / 150 / 180**



## BAGLIONI SPECIALS

Non c'è un tempo come il presente

*There's no time like the present*

Enjoy the luxurious time in a tropical vegetation of naturally beautiful island, where each moment is filled with pure relaxation. Unwind in one of serene Baglioni spa suites with carefully designed treatments, inspired by nature. Your ultimate journey to wellness begins here.

## VENERE BEAUTY RITUAL FOR HER, 180 MIN

*Foot Treatment, Body Scrub, Clay Mask, Massage, INSIUM SOGNO Facial*

VENUS is symbol of BEAUTY. This luxurious experience begins with a nourishing foot bath treatment, followed by an exclusive Oriental Body Ritual to restore the mineral balance and obtain an instant fresh glowing effect. As a final touch, enjoy brightening and hydrating INSIUM SOGNO Facial.

**PRICE \$360**

## TERRA RELAXING RITUAL FOR TWO, 180 MIN

*Foot Bath, Aromatherapy Massage, INSIUM Facial, Jacuzzi, Tea Ceremony or Champagne with tropical fruits*

EARTH is for TWO. This exclusive ceremony for two includes a nourishing foot ritual, which seamlessly flows into a refreshing and soothing aromatherapy massage. Continue your special journey with tailor-made INSIUM facial treatment. Time to enjoy the Jacuzzi then follows. To complete, either choose a traditional tea ceremony or indulge with a bottle of refined champagne served with tropical fruits.

**PRICE \$720**

*For couple*

## MARTE EXCLUSIVE RITUAL FOR HIM, 150 MIN

*Foot Bath Treatment, Back Scrub, Deep Tissue Massage, INSIUM TEMPO Facial*

MARS is HE. This powerful, restorative treatment aims to reduce stress and increase blood and lymphatic flow throughout the body. Start with the grounding foot ritual, followed by a cleansing treatment for your back that exfoliates and hydrates the skin, leaving it smooth and soft. Continue with a deep and firm massage where your therapist will select techniques intuitively as required by your muscles. The treatment ends with a signature anti-age TEMPO Facial from INSIUM.

**PRICE \$300**

## BESPOKE RITUAL, 120 / 150 / 180 MIN

Design your very own, bespoke treatment ritual exactly to your specifications and needs to create a special moment just for you.

**PRICE \$240 / 300 / 360**



# BEAUTY

La bellezza ha una verità tutta sua

*Beauty has a truth of its own.*

## HAIR CARE

### **Hair Treatments, 30 min**

*Revitalizing / Moisturizing / Nourishing*

**PRICE \$50**

### **Hair Style, 30 / 60 min**

**PRICE \$45 / 100**

## HANDS AND FEET

**Manicure, 60 min** - *Includes: Nourishing soak, scrub, massage, nail care and polish*

**PRICE \$95**

**Pedicure, 60 min** - *Includes: Nourishing soak, scrub, massage, nail care and polish*

**PRICE \$105**

### **File and Polish, 30 min**

**PRICE \$45**

**Bambini Manicure, 30 min** - *Includes: Scrub, nail care and polish*

**PRICE \$45**

**Bambini Pedicure, 30 min** - *Includes: Scrub, nail care and polish*

**PRICE \$55**

## MAKE UP

### **Island make up, 30 - 45 min**

*Reveal natural beauty with natural palette make up*

**PRICE \$50**

### **Bridal make up, 60 min**

*Ideal makeup for your special day*

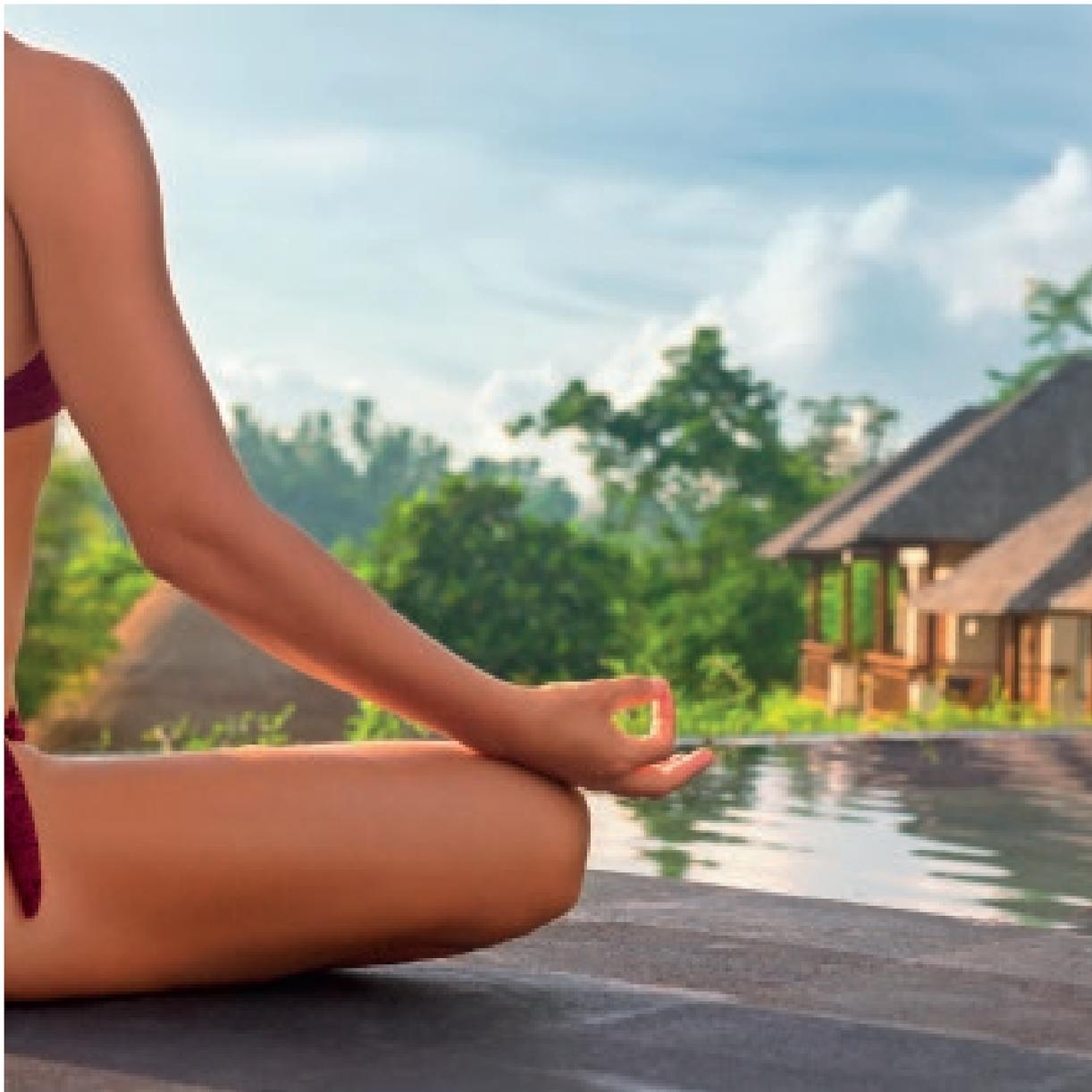
**PRICE \$70**

## ORIENTAL HONEY WAXING

Since 1998, Charme d'Orient is an expert in the art of oriental waxing. The hair removal wax is made up of 100% natural ingredients, containing only honey for its healing and antiseptic virtues on the skin and is perfectly adapted to sensitive skin types.

Oriental honey waxing is available upon request

Tinting and eyebrow shaping are available upon request.



# YOGA & FITNESS

Sii più forte delle tue scuse  
*Be stronger than your excuses*

**Personal Training, 60 min**

PRICE \$105

**Personal Yoga, 60 min**

PRICE \$105

# SPA ETIQUETTE

## **Spa Opening Hours**

Spa opening hours are: 09:00 AM-09:00 PM

The gym is open 24 hours and is accessible with your room key.

## **Spa Reservations**

For spa enquiries or reservations, please dial the spa button as marked on your telephone display or ask your butler for assistance. Advance bookings are recommended to secure your preferred treatment time.

## **Timing**

Please arrive at least 15 minutes before your scheduled time to check in and prepare of your time at the spa. Arriving late for a spa appointment may make it necessary to limit the time for your treatment, unless the schedule enables us to offer you the full treatment.

## **Health**

Please inform us of any health conditions or concerns you may have, such as high blood pressure, allergies or pregnancy. This allows us to assist you in selecting the best treatments for you. We do not recommend the consumption of alcohol before or directly after spa treatments or a work out in the gym.

## **Spa Attire**

We will provide suitable disposable spa attire for the spa treatments if you do not wish to wear your own. For the massages, you may choose what is most comfortable for you.

### **Ambience**

Baglioni Spa is a peaceful and serene area. Please set your mobile phone on silence to ensure your complete relaxation.

### **Prior to Arrival**

We do not assume any liability for personal items and recommend you leave all jewellery and valuables in your villa before coming to the spa. Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved.

### **After your treatment**

We recommend that you do not sunbathe after any massage, face or body treatment for at least six hours.

### **Cancellation Policy**

The treatments you select are reserved especially for you. Should you need to cancel or reschedule your appointment, we ask that you provide 6 hour notice to avoid a charge of 100% of the treatment price.

### **Children**

Appointments for young guests (5-12 years) are available between 09:00 AM to 02:00 PM and an adult may be present in the room throughout the treatment.

### **Gym policies**

For your personal safety, we ask that you wear sports shoes. Children under 16 years old must be accompanied by an adult when using gym equipment.



BAGLIONI RESORT

MALDIVES

#BaglioniResorts #BaglioniMaldives #BaglioniSpa